

## Weight Certification:

All wrestlers must be weight certified prior to their first competition. Boys must be listed in the boy's season and girls must be listed in the girls' season.

To compete in post season competition all wrestlers must be weight certified at least one week prior to the Sectional tournament.

## 'Track wrestling' Schedule:

It is crucial that you as the coach input your <u>HOME</u> schedule on the Trackwrestling schedule of events to match what is on <u>AZPREPS365</u>.

# **PRE-MATCH WEIGH-IN FORMS:**

All coaches **MUST** create a pre-match weigh-in form & then record the actual weigh-in weights post-match. You will not be able to wrestle without your pre-match weigh-in form.

## Season Records:

Make sure all your varsity wrestler's season records are <u>UPDATED</u> in 'Trackwrestling' as soon as possible. You must check each of your wrestlers' records for accuracy.

## **Girls Wrestling Boys:**

Girls may wrestle boys, <u>but these matches do not count as varsity matches</u>. For example, in a varsity duel Team A's girl wrestle Team B's boy. No matter the outcome Team B's boy will get the forfeit and Team B will get the 6 points. In an individual tournament, Team A's girl can wrestle and place, however, her matches will not count towards her record or her opponents record.



Please make sure your Athletic Director has your name and contact information correctly on <u>aiaonline.org</u> under the membership directory. New coaches or coaches that have questions regarding creating weigh-in sheets, weight certification, or using Track Wrestling can contact the following people for help and answers.

## Division I

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## **Division II**

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## **Division IV**

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## <u>Girls</u>

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